

## RACE SPONSORS



## EVENT CHARITY

The 4th Annual Firecrackers & Flapjacks 4 Mile race on the 4<sup>th</sup> of July will benefit the **Northglenn Community Foundation**. The **Foundation** promotes community involvement within Northglenn by connecting individuals or families who need assistance with people or groups who can fulfill their needs. The Foundation also encourages the acquisition, retention, development and use of parks, open space, recreational, cultural and leisure facilities in Northglenn. For more information on the Northglenn Community Foundation, please visit [www.northglenncf.org](http://www.northglenncf.org)



City of Northglenn Parks, Recreation & Cultural Services  
11801 Community Center Dr.  
Northglenn, CO 80233



**4 MILE RUN 8:00 AM**

**HALF MILE FUN RUN 7:30 AM**

**EB Rains Park**

**11800 Community Center Dr.**

**Northglenn, CO 80233**

**Free pancake breakfast with registration**

**Proceeds benefitting the Northglenn**

**Community Foundation**

## REGISTRATION OPTIONS

(Pre-registration will be accepted until July 2nd)

### 1. Walk-in:

Northglenn Recreation Center, 11801 Community Center Dr., Northglenn, CO 80233

### 2. Phone-in:

Call the Northglenn Recreation Center at 303-450-8800

### 3. Online:

Online registration available at [www.northglenn.org/recxpress-Find an activity](http://www.northglenn.org/recxpress-Find an activity)>Sports or race form can be found at [www.northglencf.org](http://www.northglencf.org) or [www.northglenn.org/sports](http://www.northglenn.org/sports)

You will need a username and password to register. If you do not already have one, you can do this by calling 303-450-8800 or email [recxpress@northglenn.org](mailto:recxpress@northglenn.org)

### 4. Mail-in:

Make check payable to the City of Northglenn and mail registration to Northglenn Recreation Center, 11801 Community Center Dr., Northglenn, CO 80233 (must be received by July 2nd)

## REGISTRATION FEES

(includes pancake breakfast)

**Pre-registration: \$30 includes a t-shirt**

(pre-registration through July 2nd, **After July 2nd, registrations will be accepted on race day only**)

**Race Day Registration \$35 includes a t-shirt (not guaranteed on race day)**

## PACKET PICK UP

Packet pick up will be available on July 3rd from 5pm-7:30pm at Road Runner Sports, 10435 Town Center Drive #300 Westminster. Race day packet pick up will be available from 6:30am at EB Rains Park, 11800 Community Center Dr. Race day registration will be across the Blue Spruce Ponderosa Pavilions by the race starting line.

**NO REFUNDS DUE TO ILLNESS OR WEATHER CONCERNS.**

## RACE DAY INFORMATION

Registration/packet pick up.....6:30 am

4 mile start.....8:00 am

Half mile run/walk.....7:30 am

Awards/Presentation.....9:15am

For the safety and courtesy of all participants, please NO dogs or strollers on the race course

For weather concerns the day of the event, please call 303-450-8800.

EB Rains Park  
11800 Community Center Dr  
Northglenn, CO 80233  
(Start/finish will be just south of lake by Blue Spruce & Ponderosa pavilions)

## AWARDS

Awards will be given to the top Overall Male and Female winner and the top 3 winners in each of the following age and gender divisions:

17 & Under	40-49
18-29	50-59
30-39	60+

\*If participant is the top overall male or female winners, they will not be eligible for the age division awards.

## AFTER THE RACE

Free pancake breakfast for all runners! Just give the Boy Scout troop#98 your bib number (tear off portion) to receive your meal.

## COURSE DESCRIPTION

This out & back 4 mile course is fast and flat. The race starts at EB Rains Park with one lap around Webster Lake before following the highline canal south and west to Winburn Park and then run a loop around Winburn Ponds and then head back to EB Rains Park and finish w/ a loop around Webster Lake. There will be 3 water stops approximately at the 1 mile, 2 and 3 mile markers. Half-mile fun run will be one lap around the lake.

### 4th Annual FIRECRACKERS & FLAPJACKS 4TH OF JULY 4 MILE RACE & 1/2 Mile Fun Run

Please fill out the entry form completely and make check payable to: City of Northglenn Mail check and registration to: NORTHGLENN RECREATION CENTER, Attn: Firecrackers & Flapjacks 4 Mile Run, 11801 Community Center Dr., Northglenn, CO 80233

Please check one: 4 Mile Run \_\_\_\_\_ \$30 (\$35 after July 2nd) 1/2 Mile Fun Run \_\_\_\_\_ \$20

Name \_\_\_\_\_ Age \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_ Birthdate \_\_\_\_\_ / \_\_\_\_\_

Address \_\_\_\_\_ T-shirt size: SM MED LG XL XXL

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contact Phone Number \_\_\_\_\_ Email address: \_\_\_\_\_ BIB# \_\_\_\_\_

Age Division: 17 & Under \_\_\_\_\_ 18-29 \_\_\_\_\_ 30-39 \_\_\_\_\_ 40-49 \_\_\_\_\_ 50-59 \_\_\_\_\_ 60+ \_\_\_\_\_

I understand that participation in the "Firecrackers & Flapjacks 4 Mile Run involves risk due to its outdoor location and physical activity. I voluntarily participate, or allow the participation of my child, knowing these risks. In consideration of acceptance of my, or my child's, application to participate, I hereby release the City of Northglenn, Northglenn Community Foundation, Timing Consortium, its officials, employees, volunteers, and sponsors of any and all liability for loss, damage, or injury including any loss of claim I may have arising out of my or my child's participation, whether caused by the negligence of them or by some other cause.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_